

In-Person Sport Medicine and Science Council of Saskatchewan Workshop Partnership Agreement

Parkland Valley Sport, Culture and Recreation District is looking to partner with an organization or community within the district to host a Sport Medicine and Science Council of Saskatchewan in-person workshop.

Available workshops are as listed:

Sport Wrapping & Taping (SWaT) – This 7-hour (non-certified) education workshop that consists of the following components:

- Types of soft tissue injuries
- Cycle of athletic injury
- Mechanisms of injury
- HOPS assessment
- Stages of Healing
- Taping Theory (when, why, common mistakes)
- Taping Techniques (ankle, wrist, finger, more)
- Functional Wraps
- Return to Sport Guidelines
- RICE principle

Sport Injury Prevention and Care Workshop (SIPaC) – This is a 7-hour (non-certified) workshop consisting of the following components:

- Role of the First Aider
- On-Field Assessment
- Safety Procedure & Equipment
- Injury Prevention
- Injuries

These workshops are intended for coaches, managers, parents and mature adults (minimum age requirement 13).

While they are taught by a Medical Professional, please note **neither workshop is certified**. It does not give anyone any type of official certification or designation. It is strictly an educational workshop.

Responsibilities:

As the host, you would be responsible for the following:

- Providing the venue and projector (if required by the facilitator)
- Fees – if the organization is charging or not to cover the cost of a facility rental
- Working with the facilitator – meeting prior to set up/clean up after
- Collecting registrations and ensuring minimum requirements
- Marketing and promotion of the workshop
- Coordinate with SMSCS and facilitator details regarding the training

Parkland Valley will be responsible for the following:

- Covering the cost of the workshop
- Covering the cost of the facilitator mileage
- Connect interested host organization with SMSCS to book facilitator

Important Information:

- Workshop **MUST** be available to anyone in the district interested in attending
- Supplies are delivered/brought by the facilitator
- This partnership is available on a first-come, first-served basis

Questions or for more information, please contact:

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