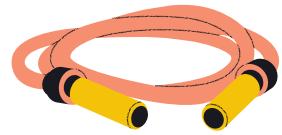




SPORT & RECREATION PROGRAM IDEAS!



- **“LEARN TO” TRY IT CLINICS**

This can be anything from learn to play pickleball, learn to curl, etc. The sky is the limit!

- **GROUP FITNESS CLASSES**

Most people love a good fitness class! Look for local instructors or bring something new to your community like Chair Yoga, Barre, or Mom & Toddler Weights.

- **DROP IN SPORTS**

Do you have a community hall or gym? Set times for various drop in sports. Everything from volleyball, basketball, floor hockey to dodgeball.

- **WALKING SOCCER**

Walking soccer is just as it sounds, a walking version of the game! Perfect for those with mobility issues, seniors and those with injuries. [Sask Soccer](#) has all the details on how to get it started!

- **CROKICURL**

Work with your local community to have a Crokicurl ice surface installed! Great winter activity that’s fantastic for all ages.

- **SNOWSHOE AND CROSS COUNTRY SKIING GROUPS**

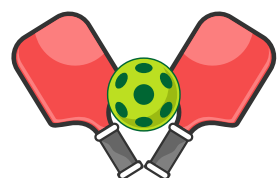
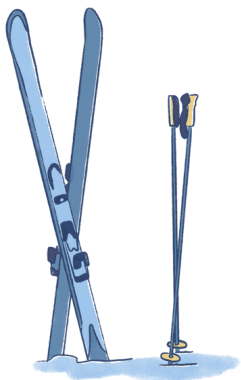
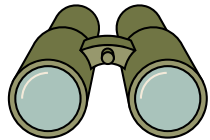
Explore various trails in your area. Make a social media group and set up pre-planned gatherings. Try these ‘groups’ with other sports as well!

- **GAME/CARD NIGHTS**

Recreation doesn’t have to be sport. Things like board games and card nights are a great way to get your mind working and socializing! Chat with your local library about being a potential host.

DID YOU KNOW!

A number of Provincial Organizations offer programming ideas along with available grant funding. Some of these programs are free, or aspects of them, while others might have a small expense attached. Be sure to check out provincial organizations such as [SaskOutdoors](#) and [Saskatchewan Broomball](#) for example!



Need more help with your ideas? [Shoot us a message!](#)

ART & CULTURE PROGRAM IDEAS



- **ART AND CRAFT CLASSES**

The sky's the limit with this one. Great for all ages and all skill levels. Try crocheting, painting, pottery, kite making... the list goes on and on! Try partnering with local artists to share their talents!



- **MUSEUM VISIT/HISTORY WALKS**

Take a tour of your local museum or create a history walking tour of your community! There are apps and websites available to help you create a history/tourist walk.

- **STORYTELLING**

Invite Elders or local writers to share their stories.

- **RIBBON SKIRT WORKSHOP**

Work with local Indigenous people in your community and learn about the significance of the ribbon skirt while creating your own.



- **PARTNER WITH NEWCOMERS TO SHARE THEIR CULTURE**

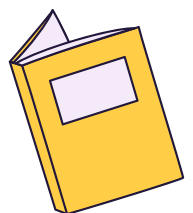
Partner with newcomers in your community and have them share their culture through food, storytelling, dance, traditions or even crafts. Perhaps a multi-cultural celebration or event!

- **SCAVENGER HUNT**

A great way to get kids involved in your local culture and nature! Have them look for items and clues related to local history.

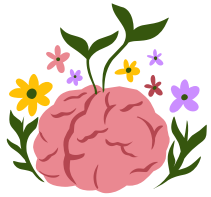
TIPS!

When working on art and culture activities in your community, think local! Strive to partner with local artists or cultural groups! Get your museums involved and talk with Indigenous Communities in the area!



Need more help with your ideas? [Shoot us a message!](#)

OTHER PROGRAM/EVENT IDEAS



- **EQUIPMENT LENDING LIBRARY**

An easy way to get individuals involved in the community. Start off small with sports equipment and grow your lending library to cross country skis, snowshoes, sleds and even bikes (if you have the storage space!).

- **SUMMER PLAY PROGRAM**

This can be as easy as once or twice a week! Crafts, spray parks, invite the local Fire Department to show off their trucks!

- **THEMED WALKS/RUNS**

Set these up in local parks! You can even make snowshoeing and cross country skiing challenges.

- **WINTER WONDERLAND/BEAT THE WINTER BLUES**

Winter can be tough in Saskatchewan. Work as a community to embrace the season, offer wellness workshops, or ideas on how to embrace winter and get outside!

- **CANADA DAY CELEBRATIONS**

Showcase local presenters and entertainers! Be sure to invite various organizations and groups to get involved.

- **PARTICIPATE IN CULTURE DAYS**

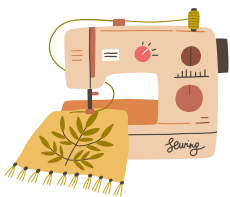
A national celebration during the months of September and October! Visit culturedays.ca for details - there is funding available!

- **DIY WORKSHOPS**

Have locals showcase their handy skills and teach others! Sewing, small home repairs, and even electronic repairs!

- **FOREVER...IN MOTION**

This program helps older adults in their community stay physically active! Details are available on Saskatchewan Parks and Recreation website.



IDEAS ARE ENDLESS!

Don't be afraid to try something or bring something new to your community! Invite friends and local businesses/organizations to take part, get their ideas and partner together to come up with something unique!

Need more help with your ideas? [Shoot us a message!](#)