



# PROGRAMS AND SERVICES GUIDE



# WHO WE ARE

Parkland Valley Sport, Culture and Recreation District (PVSCRD) is one of seven sport, culture and recreation districts across Saskatchewan. We use the community development approach in working with communities and groups to assist in meeting their needs. We are members of three (3) global organizations including Saskatchewan Parks and Recreation Association, Sask Sport and Sask Culture.

## VISION

Sport, culture and recreation fosters community and individual wellbeing.

## MISSION

To develop community through sport, culture and recreation opportunities.

## OUR ROLE

Parkland Valley District aims to create opportunities with local organizations to help provide sustainable recreation, culturally vibrant, and leisure lifestyle opportunities to meet the needs of people and communities in our district. These partnerships help to foster learning, encourage active lifestyle choices and allow innovative programming to be easily accessible to everyone in the area.



## SPORT

### Saskatchewan Games Program

The Saskatchewan Games runs every two years in either the summer or winter and is the province's largest multi-sport event. We work alongside the Saskatchewan Games Council, Host Organizing Committees and provincial sport governing bodies to put on the Games.

### District Dream Broker Program

Assists children and families in initiating and sustaining participation of youth who face barriers participating in sports, cultural, and recreational activities that advance their life skills, enhance their sense of belonging and foster pride in their accomplishments.

## RECREATION

### Recreation Board Development

Parkland Valley District works alongside Saskatchewan Parks and Recreation Association to offer communities this consultation service whether it's improving an existing board of volunteers or creating a new board.

## CULTURE

### Culture Days

A national celebration of arts and culture that takes place each Fall. Offering fun, interactive and engaging activities for FREE!

## STAY UP-TO-DATE

### Parkland Valley District Website

Visit our website, [www.parklandvalley.ca](http://www.parklandvalley.ca), to learn more about who we are and what we do.



### Read All About It!

Join our weekly email update that will inform you of all the latest news and resources.

### Social Media

Join us on Facebook, Twitter and Instagram!

# COORDINATING THE DISTRICT NETWORK

## COMMUNITY VISITS

We are available to meet with you and your organization! The outcome of a Community Visit is to increase our relationship with your group, increase our understanding of sport, recreation and culture activities in your community and better understand the needs of volunteers and practitioners. We will also work to connect you with resources you might need. Call us to book a time!



## RECREATION PRACTITIONER NETWORK MEETINGS

Hosted twice a year, these meetings bring Municipal Recreation Staff together to network and share recreation trends, best practices, issues and successes.

## FIRST NATION RECREATION DIRECTOR MEETINGS

We work with the Tribal Councils within the District to gather First Nation Recreation Directors to network, share opportunities and provide support.

## OUR NETWORKS

### Reconciliation Yorkton

Community members, organizational and agency representatives gather to move forward reconciliation efforts in the community.

### East Central Newcomer Welcome Centre

Provides assistance and support to individuals and families new to Canada.

### Museum Association of Saskatchewan

Supports Saskatchewan museums through education, advisory, resource and networking programs.

### Good Spirit Community Services Management

A multi-sectoral partnership that works together to create opportunities and remove barriers for all children and their families in our service area to achieve their greatest potential.

### Thrive to 5

A networking group that aims to help families prepare their children for success in school.

### Treaty 4 Gathering

Annual gathering to reconnect, recognize and honor the spirit and intent of Treaty 4.

## FUNDING

There are many different ways to acquire funding for your program or project. Do you need to be pointed in the right direction? Please reach out to us and we'll be happy to assist.

### SCR Outreach Grant

This grant assists communities and organizations with funding for projects that meet the needs of their citizens through the benefits of sport, culture and recreation.

### Indigenous Community Sport Development Grant Program (ICSDBGP)

The purpose of ICSDBGP is to provide greater sport participation and development for Indigenous youth in Saskatchewan.

Visit the Grants and Funding section of our website for additional funding options and deadlines!

# CAPACITY BUILDING

## LEADERSHIP CAPACITY

### HIGH FIVE - Principles of Early Childhood Development (PHCD)

Front line recreation, sport and after school leaders will learn how to incorporate the Principles of Healthy Child Development into their daily programming.

### SCR Summer Tour

Our summer program visits communities within our District in July and August. The program focuses on fundamental movement skills, physical literacy, cultural and creative activities.

### Take the Lead

A resource focused on leadership skill development and increased physical activity in youth aged 11 - 14. This program trains and mentors young people so they can practice leading active play opportunities.

### Volunteer Toolbox

Volunteerism is constantly evolving and changing. Our Volunteer Toolbox Resource will assist you in the selection, supervision, engagement and recognition of your volunteers.

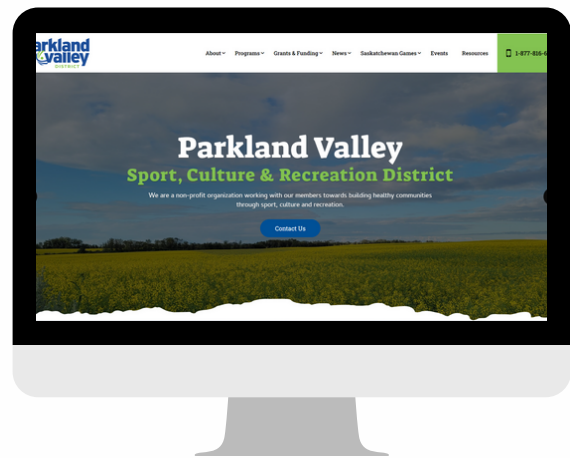
## WEBINARS & WORKSHOPS

### Virtual and In-Person Workshops

Take advantage of our diverse number of webinars and workshops we offer. They're FREE to attend. Reach out to us if there's a specific topic you're looking to gain more knowledge in!

### Sport Medicine and Science Council Webinar

These online or in-person workshops are lead by professionals in their field providing athletes, coaches and parents valuable information.



## CONTACT US

Our office is located in Yorkton and we're available to assist you with your community sport, culture and recreation goals.

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## CONNECT WITH US



## VISIT OUR WEBSITE

[www.parklandvalley.ca](http://www.parklandvalley.ca)

## FUNDED BY:

