



## 2021 SASKATCHEWAN SUMMER GAMES

### TECHNICAL PACKAGE

Technical packages are a critical part of the Saskatchewan Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the organizing committee by detailing tournament formats and scoring procedures, assist the Districts and Provincial Sport Governing Bodies (PSGB) in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coaching certification by stating minimum requirements and generally contribute to athlete development by identifying each PSGB's version of developing young amateur athletes.

Every Saskatchewan Games' coach, manager, host sport directors, District sport contacts and District sport councils has an obligation to read and understand every aspect of the Technical Package. Failure to do so could cost an athlete his or her eligibility for the Games and could affect final standings or the conduct of the competition. If someone does not understand an aspect of a Technical Package, he or she is to seek clarification from the Saskatchewan Games Council or the respective PSGB.

Technical Packages are developed primarily by PSGBs, following principles, guidelines and requirements of the Saskatchewan Games Council. As the overall governing body of the Games, the Council has the ultimate authority for Technical Packages, but this authority is exercised only with the knowledge and understanding of the PSGB concerned.

Changes initiated by the PSGB must be directed to the Saskatchewan Games Council for approval. The proposed changes must have solid rationale for enhancing the sport technical requirements. Changes to age groups, eligibility requirements and team sizes or staff complements after 18 months prior to the games will not be considered.

## **Saskatchewan Games Athlete Eligibility**

1. The Saskatchewan Games shall be open to Saskatchewan residents who are Canadian citizens or who have landed immigrant status for a minimum period of one year prior to the Games.
2. Each District team shall be comprised of eligible athletes whose Saskatchewan domicile or actual residence for at least six months prior to the Games, was located within the recognized boundaries of the District they are representing. In the event an athlete moves from one District to another, less than six months prior to the start of the Games, a special request may be made to the Saskatchewan Games Council to determine eligibility.
3. Students enrolled and attending secondary or post-secondary school on a full-time basis outside their District residence may elect to compete in a District play down in either their home District or academic resident District, but not both.

Students attending a secondary school outside their home District must be enrolled in a minimum of 60% of the eligible credits to be considered a full-time student.

Students attending a post-secondary school outside their home District must be enrolled in a minimum of the equivalent 3 full time classes per year to be considered a full-time student.

4. First Nation athletes who reside and attend school in one District but are members of a First Nation Reserve in another District may elect to participate in either District, but not both. If they try out for one District and are not selected for that team, they are not permitted to try out for that sport in another District.
5. Athletes who have shared custody in a split marriage must participate in the District in which they currently attend school. If an athlete is transferring schools to live with the other parent or guardian in another District in the year of the Games, then the school that the athlete previously attended will be the District they participate in.
6. Athletes residing outside Saskatchewan:

### **Individual Sports:**

Athletes residing at an address outside Saskatchewan are eligible to participate in the Saskatchewan Games if they meet the following conditions:

- They reside near the Saskatchewan boundary and attend school on a full-time basis in a recognized Saskatchewan education system;
- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

### **Team Sports:**

If a team has members from outside the Province of Saskatchewan, the team will be eligible if these criteria are met:

- The majority of the team resides in Saskatchewan or attends school on a full-time basis in a Saskatchewan based education system, and the others live within reasonable commuting distance;

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Provincial Sport Governing Body and shall not be a member of another province;
- They are eligible for membership with a PSGB in Saskatchewan.

## 7. District Team Eligibility

### **Sports using Club Team selection**

When a team roster is comprised of athletes residing in different Districts, the following criteria will determine which District the team will represent:

- In the year of the Saskatchewan Games they must be a registered member of the appropriate Saskatchewan Sport Governing Body;
  - Where a team has members from two or more Saskatchewan Games Districts, and is registered in a recognized league, it shall compete in the District where the majority of the players reside. Teams in this position may have members living in adjacent Districts within reasonable commuting distance.
8. The Games shall be open only to amateur athletes recognized as such by the applicable PSGB.
  9. For each Games an athlete may participate in one sport only in each half, however an athlete may elect to try out for different sports in the District team selection process. Upon acceptance of selection to a District team in that half the athlete must remain with that team until the completion of the Games and is not eligible to try out for another sport.
  10. Coaches, managers and athletes may participate in more than one sport. However, they may only participate in one sport in each half of the Games.
  11. The age classification for participation in the Saskatchewan Games is based on the LTAD model for each sport. Recognizing the multi—sport environment that athletes are exposed to at the Games, each sport shall consider the maturity level of the athlete when establishing its age classification.
  12. Eligibility of athletes for the Saskatchewan Games program must be clearly identified by the PSGB in each respective sport technical package.
  13. Prior to the Games, the eligibility of any athlete not clearly established by these rules shall be determined by the Saskatchewan Games Council. During the Games the eligibility shall be determined by the Games Jury.
  14. Coaches, managers and athletes of the District team must stay in the athletes' village during the Games.



**ATHLETICS  
TECHNICAL PACKAGE**

**2021 Saskatchewan Summer Games  
July 18 – 24, 2021  
Lloydminster, Saskatchewan**

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**1.0 SPORT: ATHLETICS**

- 1.1 Competition Site: Lloydminster Composite High School
  - 1.2 Competition Dates: July 19 – 21, 2021
  - 1.3 Sanction: Saskatchewan Athletics
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**2.0 PARTICIPANTS:**

- 2.1 Number of Competitors: 16 Male and 16 Female  
Plus or minus 2 but no more than 32 per District
  - 2.2 Coaches and Managers: 3 Coaches and 1 Manager  
  
3 Coaches and 1 manager of which one person must be of the opposite gender.
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**3.0 CLASSIFICATION:**

- 3.1 Year of Birth: Born in 2004 or later  
Athletes must be 17 and under as of December 31, 2021
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**4.0 ELIGIBILITY:**

- 4.1 Athletes: All athletes must abide by the residency criteria and regulations outlined in the Saskatchewan Games' Handbook.  
  
Athletes: Must be members of Saskatchewan Athletics 5 days prior to competition.  
Athletes may take out a full membership or a day pass.
- 4.2 Coaches: All coaches listed on the official registration form must be fully certified or trained under the National Coaching Certification Program to at least Sport Coach or Run, Jump Throw trained.

As a coach or manager of a District team you will be volunteering with children, who are vulnerable members of our society. As per the policy of the Saskatchewan Games Council all coaches and managers are required to undergo a Criminal Record Check and a Vulnerable Sector Check.

As per the mandatory requirements for all sports in Saskatchewan the “Respect in Sport” online training program must be taken by all coaches. It is strongly recommended that managers take the online training to ensure that as youth leaders they recognize, understand and respond to issues of abuse, bullying and harassment.

- 4.3 Exclusions: Any athlete that has represented Canada at an international competition is not eligible.

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## 5.0 PROVINCIAL REGISTRATION:

Registration is with Saskatchewan Athletics

2020 College Drive  
Saskatoon, SK S7N 2W4  
Phone: (306) 664-6744  
Fax: (306) 664-6761  
Email: [admin@saskathletics.ca](mailto:admin@saskathletics.ca)

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## 6.0 PROVINCIAL TECHNICAL LIAISON:

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## 7.0 COMPETITION:

7.1 Type of Competition: Track & Field (Men & Women)

7.2 Events

- a) Women’s Events: 100m, 200m, 400m, 800m, 1500m, 3000m, 100m hurdles (30”), 300m hurdles (30”), 4x100 relay, Sprint Medley (400m, 200m, 200m, 800m), high jump, long jump, triple jump, pole vault, shot put, discus, javelin, hammer, and Pentathlon (100m, HJ, SP, LJ, 800m)
- b) Men’s Events: 100m, 200m, 400m, 800m, 1500m, 3000m, 110m hurdles (36”), 300m hurdles (33”), 4x100m relay, Sprint Medley (400m, 200m, 200m, 800m),

high jump, long jump, triple jump, pole vault, shot put, discus, javelin, hammer, and Pentathlon (100m, HJ, SP, LJ, 800m)

- 7.3 Maximum of 2 athletes per District per event
- 7.4 Seeding – Districts will try to provide a seed performance from the 100m to 800m including hurdle events. The 800m is a Timed final and will be based on seed performances that are handed in with the top 9 going into section 1 and the next in section 2.

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## 8.0 RESULTS:

- 8.1 Order to Finish (Races with Heats) – top 8 will be determined from the final in the 100m, 100m hurdles and 110m hurdles. Top 8 will be determined from the final in the 200m, 400m, 800m, and 300m hurdles and the remaining places will be determined from the times through the heats. A competitor in a track event that advances through the heats to the final, and that starts but does not finish the final, will be awarded the last place finish in the final for the purposes of counting team points.
- 8.2 Advanced from Heats – 100m, 200m, 400m, 800m, 100m Hurdles, 110m Hurdles, 300m Hurdles if there are only 2 heats of eight, 1<sup>st</sup> and 2<sup>nd</sup> place from each heat and next fastest 4 times advance to the final. If there are 3 heats, 1<sup>st</sup> and 2<sup>nd</sup> from each heat plus the next 2 fastest times advance to the eight lane final. 800m heats and finals will run the first bend in lanes.
- 8.3 Relays – Two heats with the top 2 and next 4 fastest to the final for the 4x100m. The Medley will be Timed Section Finals.
- 8.4 Points – Based on 18 competitors, a first place finish will receive 18 points, second place 17 points, third place 16 points, and so on, except in the relays, where the first place team will receive 18 points, the second place team 16 points, the third place team 14 points, and so on.

If there are fewer than 18 competitors, a first place finish will receive 18 points, second place 17 points, third place 16 points and so on.

A competitor who does not achieve a height in either the high jump or pole vault will receive last place points. A competitor in a field event who fouls all attempts will receive last place points. A competitor in a heat of a track event, or in those track events which have no heats but go straight to the finals, who does not complete the race will receive last place points. Once a competitor has qualified for the final eight and does not complete the race, they will receive last place points in that final. (8<sup>th</sup>) If a competitor qualifies for the final and does not start the final and does not have a medical release they will receive last place points in that event. (16<sup>th</sup>)

## **9.0 TIE BREAKING PROCEDURE:**

First place finishes (Gold medals), then Silver and Bronze if necessary.

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## **10.0 SPORT PROTEST PROCEDURE:**

Written protests within 30 minutes of the posted results.

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## **11.0 EQUIPMENT:**

- 11.1 Equipment to be supplied – Starting blocks, High Jump pits and Pole Vault pits will be provided by the organizers. Throwers may submit their implements for certification and use in the event's equipment pool and must be submitted at the coaches meeting for approval.
  - 11.2 Equipment not supplied: Vaulting poles, adhesive tape for relay check points, and replacement spikes.
  - 11.3 All matters relating to spikes shall be as per the IAAF rule book. Maximum spike length is 7mm for all events except high jump and javelin where 9mm will be accepted as per specifications by the competition track manufacturer.
  - 11.4 Photo Timing must be reserved and rented by Host.
  - 11.5 Throws Equipment will be supplied by Sask Athletics:  
Women's – Shot Put – 3kg; Discus – 1kg; Javelin – 500gm; Hammer 3kg  
Men's – Shot Put – 5kg; Discus – 1.5kg; Javelin – 700gm; Hammer 5kg
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## **12.0 SPORT JURY:**

Provincial Technical Liaison, Meet Director, Track Referee, Field Referee

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## **13.0 OFFICIALS REQUIRED:**

- 13.1 Major Officials: 2 starters, 1 Assistant starter, 1 marshall, 1 photo reader, 1 photo judge, 2 computer results person, 1 chief umpire, 1 track referee, 1 field referee, 2 high jump chief, 2 long jump chief, 2 Triple Jump chief, 1 pole vault chief, 6 officials for Throws (2 teams of 3), 1 wind gauge operator (track), 1 wind gauge operator (field).
- 13.2 Minor Officials: 2 photo officials, 1 recorder, 6-10 umpires, 3 judges, 3 high jump helpers, 5 pole vault helpers, 5 helpers for Long Jump, 8 helpers for Triple Jump and two teams of 6 helpers required for Throws.

**Note:** Depending on the schedule, the throws officials can double up and sometimes the jumps officials can as well.

## 14.0 MEDICAL SERVICES

On-site first aid and physiotherapy.

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## 15.0 MEDALS

Event	Gold	Silver	Bronze
100m	2	2	2
200m	2	2	2
400m	2	2	2
800m	2	2	2
1500m	2	2	2
3000m	2	2	2
110M Hurdles	1	1	1
100m Hurdles	1	1	1
300m Hurdles	2	2	2
Pole Vault	2	2	2
High Jump	2	2	2
Long Jump	2	2	2
Triple Jump	2	2	2
Shot Put	2	2	2
Discus	2	2	2
Javelin	2	2	2
Hammer	2	2	2
Pentathlon	2	2	2
4x100m	12	12	12
Sprint Medley	8	8	8
<b>Total</b>	<b>54</b>	<b>54</b>	<b>54</b>

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## 16.0 DISTRICT TEAMS SELECTION CRITERIA

All Districts will use in order to get the best athlete performance from the following meets:

- 1 – High School District results/City Championships results
  - 2 – High School provincial results
  - 3 – Sanctioned meets by Sask Athletics prior to the District deadline for events not offered at the above meets.
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## 17.0 PROVINCIAL SPORT CONTACT

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