



(Principles of  
Healthy Child  
Development)

# PHCD

TRAINING IS AVAILABLE IN YOUR AREA

## What is it?

A one-day training that teaches front-line leaders how to enhance the quality of the programs they are delivering. It provides in-depth knowledge of the HIGH FIVE® Principles of healthy child development so front-line leaders understand what they need to do to ensure each child's social, emotional and cognitive needs are met.

## Who is it for?

Front-line leaders or anyone working with children aged 6 to 12 ( i.e. instructor, camp counsellor)

## Why does it matter?

Leaders have a major impact on a child's positive experience. The training is based in research and has been designed to equip leaders with activities, knowledge, tips and resources addressing key topics like bullying, conflict resolution, physical literacy, children's mental health and moderate to vigorous physical activity. They also learn to enhance their relationships with children and other staff members.

### Training Details:

**Wednesday, July 3** – HIGH FIVE PHCD &  
**Thursday, July 4** – SPRA Play Leadership  
UCT Meeting Room at the Yorkton Public Library  
(93 Broadway Street W)  
9:00am-4:30pm  
Registration Deadline: June 26, 2019

### Training Delivered by:

**Parkland Valley Sport, Culture &  
Recreation District**  
To register, please contact:  
Chelsey Johnson  
(306)786-6586 or  
cjohnson@parklandvalley.ca

For further information about HIGH FIVE® training visit  
[www.HIGHFIVE.org](http://www.HIGHFIVE.org)



/HIGHFIVECANADA



@HIGHFIVE\_CANADA



HIGHFIVECanada1