

Kairos Blanket Exercise

March 21, 2018

National Bank Room A—Gallagher Center

455 Broadway Street W, Yorkton SK

1:00pm—3:00pm

What to expect:

Yorkton Tribal Council Health & Social Development Department will be facilitating the Kairos Blanket Exercise which is an interactive learning experience that teaches the Indigenous rights history we're rarely taught. Developed in response to the 1996 Report of the Royal Commission on Aboriginal Peoples—which recommended education on Canadian-Indigenous history as one of the key steps to reconciliation, the Blanket Exercise covers over 500 years of history in a one and a half hour participatory workshop.

Participants take on the roles of Indigenous peoples in Canada. Standing on blankets that represent the land, they walk through pre-contact, treaty-making, colonization and resistance. They are directed by facilitators representing a narrator(s) and the European colonizers. By engaging on an emotional and intellectual level, the Blanket Exercise effectively educates and increases empathy. The exercise is followed by a talking circle in which participants have the opportunity to discuss the experience as a group.

You must be registered in advance to attend!

Registration Deadline: March 14, 2018

Name: _____ Representing: _____

Mailing Address: _____ Postal Code: _____

Phone: _____ Email: _____

How did you hear about the training? _____

To register, please send in completed form via:

Mail: Box 263, Yorkton, SK S3N 2V7

Fax: 306-782-0474

Call: (306)786-6586

Email: cjohnson@parklandvalley.ca

As per Parkland Valley's Program & Service Policy, the course will be cancelled if there is not an adequate number of registrations received by the deadline date. In the case of inclement weather, all registered participants will be notified using the phone number provided. Parkland Valley has the right to limit the number of registrants per organization.

For more information, call Chelsey at 306-786-6586.

Together...building healthy communities through sport, culture and recreation

**This workshop is made possible through funding from
Saskatchewan Lotteries and sponsorship from the
Community Development, Parks & Recreation Department of the City of Yorkton**

